

**Physical Education (K-12)  
UNC Asheville**

Minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
B	Kinesiology, Fundamental Motor Skills & Movement Forms	HWP 322	Kinesiology	
C	Anatomy or Physiology	BIOL 223	Human Anatomy	
		HWP 284	Functional Anatomy	
		HWP 420	Exercise Physiology	
D	Fitness, Nutrition, & Obesity Prevention	HWP 225	Nutrition & Lifestyles	
E	Sports, Physical & Leisure Activities (minimum required total of 2 semester hours)	HW 100-226	Health & Wellness Courses (In a variety of activities)	

Posted: 3/28/2011

Revised: Fall 2010

**Course Offering Codes:**

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

**Notes:**

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (\*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.unca.edu/>